

Health Preparedness and a Vibrant Immune System

Cancer, Autism, Fibromyalgia, ADD, Alzheimer's, Weight Gain, Forgetfulness...

[VIEW PRODUCTS HERE VIA LYONEL'S LINK](#)

Hello Dear Friends of Natural Health - There has been a lot of talk lately about preparing for this or that and not much talk about preparing or caring for your body and strengthening the immune system. I have quite a bit of information I'd like to share and this is not meant to scare you...merely to inform you.

Toxins & Heavy Metals... As you know, a strong immune system and a healthy body are vital to survival. What you may have overlooked however is that, almost all of us are toxic to some extent with pollution, heavy metals (mercury, lead etc.), chemicals, pesticides, herbicides etc. and we pick these up on an ongoing daily basis. These toxins plug the cell receptor sites preventing us from utilizing minerals and nutrients - no matter how much your taking. So, in other words your supplements are being wasted, not only that your health is at great risk. **The World Health Organization (Florence, Italy 1975) stated that, Heavy Metal contamination contributes to as much as 80% of all diseases and blocks therapeutic measures.**

At home prevention technique... We know have some wonderful tools available which allows or empowers us in the area of "at home" prevention techniques. How do you know what level of toxicity you or your children are? Simple, now there is a wonderful tool that is easy to use and gives you accurate results. It's called the Heavy Metal Screen Test. Here is what Dr. J. Lemann, Toxicologist and Medical Expert of the Institute for Toxicology and Medical Laboratory Diagnostics, Hirschberg, Germany said, "We thoroughly investigated the test system with regard to its sensitivity and its specificity and found consistent evidence that it is possible to detect individual toxicologically relevant metals in urine or water specimens in the range of a few ppm, at times even fractions of one ppm. This makes it possible to obtain on the spot clinically important preliminary data".

The body simply can not function properly if you are carrying around these toxins- you can't utilize minerals, which are essential to good health. Do you or any of your family members get sick often; have any diseases or prolonged or recurrent illnesses? This is telling you your immune system is weakened, obviously toxic and vulnerable to attack. Even if you think you have detoxified and are consistently taking measures to flush the toxins which we pick up on a daily basis. If you have not tested yourself or the children you have no idea how well you are doing or if what you are using is working at all.

This test allows you to adjust dosages as well! You'll know exactly when you can drop down to a maintenance dose - saving you money! Demand a result you can physically see.

This heavy metal home use test is vital, you must know if what you are doing is working and you can get the results instantly without having to mail it off! And, by the way, now you can get 2 tests instead of 1 for the same price and on top of that I put them on sale to help larger families get the quantity they need. I feel this test is so extremely important and absolutely vital in tracking detoxification (illness prevention) that Helping America has now retained sole-exclusive rights for the sale and distribution of these heavy metal tests in many areas.

Partial List of Symptoms Linked to Heavy Metal Toxicity

Allergies	Autism
Auto-Immune Disease	Parkinson
Cardiovascular Disease	Frequent Colds
Cancer	Pain
Chronic Fatigue	Skin problems
Fibromyalgia	Forgetfulness
Alzheimer's	Depression
MS	Weight gain or loss
ALS	Headaches
ADD	Insomnia

These toxic levels of...lets just call them poisons, are major contributors to accelerated aging, free radical damage and unexplained aches and pains.

Zeolite (clinoptilolite)...By now I'm sure most of you have heard the news about Zeolite and the patent a certain company has procured on it. Yes, it is patented as a Cancer Cure! Can you believe it? How in the world was this allowed to happen? I'm not sure but I imagine it took a very large boat load of money and a product powerful enough to do just that. This particular product is pure Clinoptilolite Zeolite. The clinoptilolite is the type of Zeolite that was used in all the studies. There are many different types of Zeolites.

Our Liquid Zeolite Plus is also clinoptilolite but we have added Fulvic and Humic Acid which carries along with it 70 -90 vital prehistoric trace plant minerals. Plant minerals are easily utilized by our bodies. This is a tasteless dark colored liquid which doesn't strip minerals or potassium from the cardiac muscle or anywhere else...very important. Ours re-mineralizes the cells and is a very safe, slow and effective detox formula. Even Mom can detoxify her young child "in home" and she doesn't have to worry about mineral deficiencies. Hal, our formulator with 27

years experience is an expert in the field. I even have an interview of him on CD if anyone is interested; it's educational and very interesting.

Cancer/Autism...I would like to clear up any confusion here. Zeolite does not directly cure Cancer or Autism or any other disease or illness. What it does is detoxifies you so that your body - your immune system can now function at peak level and thus heals itself! For instance, our Liquid Zeolite Plus (the plus being Humic/Fulvic)) can pass through the blood brain barrier and pull Mercury from the brain of an Autistic person and you will start to see results of the immune system kicking in and repairing quite quickly. **Kim, a client of ours has an Autistic child and witnessed remarkable improvements within just 5 days!**

Bill, another client of mine was diagnosed with colon, liver and lung Cancer and given just a short time to live. According to his doctors he should've been dead by now. I have been working with him for the past 5 months. Bill is 60 years old and now feels incredible and is doing fantastic. As a matter of fact, I have even employed him to do some maintenance! 9 hour days of physical labor are not a problem for Bill and he is only 60% detoxified.

Here is something else you may find interesting...Bill is actually pulling a cancerous (his specialist said it was obviously cancerous and wanted to do a biopsy and Bill said no way. He also said no to chemo, any further surgery and radiation) tumor right out of his abdomen! We only have about 20% of the tumor left to remove. Humic/Fulvic, Zeolite and Clay poultices and a lot of Silver! Some of the surrounding tissue is inflamed and very irritated due to the highly toxic nature of the substances being pulled out! This is what these tumors are made out of - toxins and chemicals your body has walled off in an effort to protect itself. To me it's a no brainer...**REMOVE THE TOXINS AND LET YOUR BODY HEAL ITSELF.**

Please don't wait until you or a family member develops Cancer to detoxify. Bill wishes he would've known these things much earlier in life, detoxed and prevented all of this. **Bill also wishes to tell you... Please test your family now, take the appropriate measures to detoxify and practice prevention not avoidance!** A wait and see mentality is certainly not wise during this toxic chemical era. Think you're not toxic - Take the HMT and see for yourself.

How does Liquid Zeolite Plus work? The Zeolite encapsulates the toxins plugging our cells and safely carries them out of the body. The Humic also aids in removing toxins and the Fulvic carries the trace minerals penetrating the cell and re-mineralizing the toxin free cell...this is absolutely Genius. So, it's an extremely safe detoxification and re-mineralizing Illness Conquering Solution. We will soon be carrying the Liquid Humic/Fulvic Minerals without the Zeolite also.

Did you know...Humic, known as the miracle mineral also improves brain function? Of course...it can pass through the blood brain barrier and remove Mercury from the brain, how could that not help? Some clients have reported an almost instant increase in energy levels and awareness.

[Purchase...Liquid Zeolite Plus](#) is a multi punch detoxification formula.

- NO Chemicals Used. (Trade Secret)
- Helps to detoxify cells.
- Helps Restore Essential Minerals.
- Helps eliminate harmful metals and poisonous chemicals.
- Aides in Returning Body to Healthy pH balance.
- Free radical scavenger and antioxidant.
- Promotes many biochemical processes your body requires.
- Aides in regulating the Immune System, keeping it in balance.

Liquid Zeolite Plus is an extracted liquid but NOT acid precipitated. We use a process and equipment which we developed for the sole purpose of non acid extractions in Humic, Fulvic, Zeolite and other organic extractions. The ability to combine the three is unique to our product and a Trade Secret.

Active Ingredients:

Humic Acid: Humic Acid is an all-natural substance that has been extracted from ancient deposits of decomposed organic (plant and animal) matter. Humic acid is a powerful anti-inflammatory, an immune system booster, a detoxifying agent and an extremely effective mineral supplement.

Fulvic Acid.: Fulvic Acid is a short chain molecule, which has a low molecular weight, yellow in color and soluble in both acid and alkali. This is the portion of the soil responsible for chelating (grabbing hold of metals) minerals and transferring them to the living organism. Fulvic acid is unique in its chelation ability as it captures life essential minerals and places an electrical charge on them for ready uptake by the organism. Toxic metals are also chelated, but are neutrally charged and have difficulty in entering a living organism. Fulvic acids also act to detoxify the body of those heavy metals that may enter it.

Zeolite: Zeolite is a Greek word which means "boil stone". Zeolite is a negatively charged, porous structured mineral formed from altered volcanic ash. Zeolite is a molecular trap that selectively captures the "junk/particles" (ALL metals and toxins) in our cells and carries it out of the body.

To learn more about humic/fulvic acid please see Dr. Richard Laub's website <http://www.humichealth.info> Dr. Laub is a world expert on Humic and its anti-viral properties and he is also not biased as he does not sell any products.

POLLUTED CHILDREN, TOXIC NATION:

A REPORT ON POLLUTION IN NORTH-AMERICANS.

The first North-America study to test for harmful chemicals and heavy metals and the results show that North-Americans young and old are polluted regardless of where they live, work, play or go to school. www.ewg.org and www.environmentaldefence.ca

METALLIC LUNCH: AN ANALYSIS OF HEAVY METALS IN THE CANADIAN DIET:

Canadians (we all) are eating lead in many foods - raisins, frozen dinners, ground beef and wine. Lead at any level can cause serious negative health effects, especially for children's behavior, attentiveness and IQ.

Canadians (we all) are also **eating cadmium, another toxic heavy metal.**

Foods polluted with cadmium include peanuts, shelled seeds, cabbage, processed food, potato chips and french fries. (I have had several clients test positive for this!)

GET THE LEAD OUT: Over the years stored lead will be released back out of the bones and possibly cause damage in the body. Symptoms are: Headache, weakness, depression, gastrointestinal difficulties, hypertension, memory loss, cataracts, and kidney problems.

Toxic Metals: The Reason You Still Feel Sick...

Many doctors have noticed that even when people follow healthy dietary guidelines, they can still have serious health problems. They may digest their food poorly, experience digestive distress, or be generally sickly. Metal toxins cannot be rinsed from our systems with ample water intake or sweat therapy - metal toxins settle into our cellular structure, displacing healthy metal elements our bodies need, and compromising our overall health.

- Mercury
- Aluminum
- Cadmium
- Arsenic
- Lead
- Nickel, and other metal poisons flood the environment and invade your body.

These toxic metals can cause or contribute to a long list of diseases including Alzheimer's disease, Parkinson's disease, and other brain and neurological disorders. While the medical establishment recognizes the acute toxicity that comes from high levels of metals in your body, far more people suffer the adverse effects of low-level, chronic exposure.

<http://www.youtube.com/watch?v=9yInQ-T7oiA>

http://www.youtube.com/watch?v=VImCpWzXJ_w&feature=related

<http://www.youtube.com/watch?v=uccpChyPSLg&feature=related>

What you don't know won't hurt you... Heard that before?

The truth, what we don't know may well be what is hurting us, or at least, keeping us from feeling our best. It is no secret that we live with environmental pollution and heavy metal contamination, but do you know how it is affecting you directly? Now you can find out. [Get the Heavy Metal Home Use Test Here](#)

Simple Steps to a strong vibrant immune system...

1. Take the [heavy metal test](#) and record results.
2. If results indicate no or very low toxicity you may use Zeolite as a maintenance or prevention dose of 6 drops 3 times daily.
3. Obviously, try to determine, then, whatever you are toxic with - where you may be getting the exposure. Example - Foods, home, workplace, cosmetics, etc. Do a little research and then avoid as much as possible. It's pretty tough to avoid the Mercury in the air, but you could remove your amalgam fillings or if you are high in Cadmium you could stop eating peanut butter, fries, potato chips and cabbage, etc.
4. If results show medium or high toxicity [start Zeolite](#) at 6 drops 3 times daily for 2 days then increase to 8 drops 3 times daily for 2 days then increase to 10 drops 3 times daily for 2 days and so on until you reach 15 drops 4 times daily and stay at that until your Heavy Metal Test shows your detoxified. (You could test every 30 -45 days to track results) Then return to the maintenance or prevention dose of 6 drops 3 times daily or as recommended by a qualified healthcare official.
5. Use the Heavy Metal Test often to verify effectiveness and adjust dosage or detox products as necessary.
6. You do not have to do this, but you may also wish to fast as a means of accelerating or aiding in the detox. You could certainly do a 7 to 30 day juice fast while using Zeolite and tracking results with the test. Length of time to detoxify varies widely with each individual.
7. Cut the dosages approximately in half for smaller children.

***Don't forget about your most loyal, beloved friends - Our pets!**

High levels of 48 different industrial chemicals were found in household pets in a study conducted by the Environmental Working Group (EWG).

The group tested 20 dogs and 37 cats from a Virginia veterinary clinic, and found high levels of chemicals from mercury to fire-retardants and stain-proof coatings. According to the group, pets are particularly at risk of exposure to toxic household chemicals because they are commonly on the ground or their feet. **Infants and toddlers are at similar risk, EWG said.**

Oakland, Calif. veterinarian Gary Richter said that the incidence of diseases linked to these chemicals has been increasing in household pets.

Arlene Blum, a visiting chemist at the University of California-Berkeley, echoed Richter's call for more regulation. Blum believes that her cat Midnight contracted hyperthyroidism from fire retardants used in her home, and that children are at similar risk.

Due to hyperthyroidism, Midnight lost 50 percent of his weight in only six months and his kidneys failed. Blum tested Midnight, her furniture and the dust in her home and found high levels of flame retardants in all three.

"In lab animals, fire retardant was shown to cause hyperthyroidism, and quite likely that is the cause of Midnight's problems - the fire retardant in the furniture," Blum said. "What goes into our furniture goes into our dust, cats and our children. These unnecessary toxic chemicals were banned in children's clothes, but not furniture."

Silver...Silver...Silver

As one of our clients says... "I keep a bottle in all my bags, **forget American Express, I don't leave the house without my Silver Hydrosol.**"

Andrea- Maine

Wow, have I ever been receiving some awesome stories of the amazing, magical powers of Ionic Silver Hydrosol (ISH) lately. So many, I can't keep up putting them all on the website. Here is one from Andrea just received last week...

I am Andrea G. of Shirley Mass & I would like to recommend a company and some products that I have found to be extremely beneficial to my family, friends & pets. The company is called Helping America and I highly recommend their products to everyone I know. I would like to tell you how Silver Hydrosol & Kevin the owner of this company has done for me.

1) Silver Hydrosol has kept me from having a root canal. I went from being in incredible pain & not being able to chew. To being fine. No pain, no tooth extraction, and can chew normally on that side of my mouth. This was after trying antibiotics from the dentist and being told a root canal was my only option. It has been 4 years.

2) I use Silver Hydrosol on my Mom's wounds. She is a diabetic and whenever they get a cut, it is very hard for them to heal. Her cuts heal quick & no infection. Before Silver Hydrosol came to the rescue she would endure horrible pain at a wound center at the hospital. Where the doctor would scrap her wounds with a sharp scapel weekly. That is now a torture of the past.

3) My cat had dizzy spells, to the point she would fall over, stop eating from the nausea & howl in fear. The Vet said she had some strange virus that can come & go without any rhyme or reason. Since giving her Silver Hydrsol daily in her breakfast the spells have stopped. Silver hydrosol has also calmed her belly. She use to throw up a couple of times of week, that has ceased & it has helped her with elimination as well. She is 13 yrs old and runs around like a kitten. I am so thankful that I could improve her quality of life with something so simple. She is one very happy cat now.

4) I recommended my Godmother get in touch with Kevin to help her with Lymes Disease. **She did and now she is cured & has more energy.**

5) I scorched my feet (sunburn) paddling in my open cockpit kayak. Everytime I got out of my kayak the water washed off my sunscreen. By days end my feet were like crispy critters. Thanks to silver hydrosol, it made the burning pain subside & allowed my feet to heal much quicker. Between using silver hydrosol & DMSO cream my feet never peeled.

6) Silver Hydrosol is great if you feel a sore throat coming on. It stops it in it's tracks.

7) Silver Hydrosol stops diarrhea in a day. It is something I carry with me wherever I go. Never travel without it. It is my one stop shop cure all.

The list goes on, I cannot say enough about Silver Hydrosol. No medicine cabinet should be without it.

Helping America's website is <http://www.helpingamerica.com> and Kevin's toll free number is 877-743-5746 and his email address is kljr2@earthlink.net The customer service there is excellent, Kevin talks to me personally or answers my emails quickly. So if you could mention them to others who I know will be helped by these products that would be great. Thank you & good health, Andrea, Shirley MA.

From humans and animals! You can't imagine how wonderful that makes me feel. Be sure everyone in the family is doing at the very least the maintenance dose and remember to spray hands, ears, eyes, nose and throat often for prevention, and especially with the children immediately before and after school. The cold and flu season is near. [Purchase The Worlds Best Premium Ionic Silver Hydrosol Here!](#)

We've had some demand for larger containers of ISH from some clients. So, we **now offer the Silver in 5 gallon food grade jugs** with a pouring spicket. Great for large families, stocking up or for water and food preservation.

Add ISH to your stored water to keep safe, bacteria free and extend shelf life dramatically. A 1/2 ounce per gallon is a good measure. 5 gallons of water per person per day is a good guideline to follow when considering just how much water to store for emergency preparation. You may want to consider purchasing a 150 or 300 gallon bulk food grade tank to fill with water. As long as you add the proper amount of ISH you won't have to worry about shelf life and you could always filter it later as you used it, if you so desired. A good place to get these tanks is www.usplastic.com Be sure it's not a colored tank and is food grade. Also use ISH to preserve and protect food in storage.

Add a tablespoon per quart just prior to sealing canned goods. Spray mist foods in storage or fridge to extend life.

*Note - You would probably drowned before you could drink enough ISH to cause you any harm!

New...BeachGuard - All natural, topical antiseptic. The Sunrite Company from Maui, Hawaii has developed a fantastic skin care line of products which, by the way use our ISH as the main ingredient! Let me tell you - they are not skimping when it comes to the quality of the ingredients used in the formulating of these products. There are no fillers, no added water or preservatives. Our ISH makes up about 90% of BeachGuard and then it's improved upon by adding in green and white tea, aloe, witch hazel, spearmint and some more anti-fungal, anti-viral and antibacterial potent essential oils. The BeachGuard is the first product in the line with more to come soon.

I had the privilege of meeting Eddie the owner of Sunrite just recently and I'm telling you this man is just as passionate as I am when it comes to helping others and providing a great service and value to his fellow men and women. I have a hard time getting a word in as the passion and love flows from him in abundance. His wife, Lisa and their 3 children all help in the business.

Sunrite has received endorsements from Dr. Chris Boulange MD and the Professional Water Man - Victor Lopez. Victor was Eddie's inspiration in the development of a safe, natural germ killer. You see, Victor became very ill and could've easily died from Staph Infection. That is when Ed thinking of his friend Victor and his family's safety decided to develop a product that could help in the prevention of such a thing. I know the quality and the love that continues to go into this line of products and I highly recommend it. By the way, Victor recovered and now carries BeachGuard at all times. Victor is surfing the big wave on the back of the brochure.

When Ed was here visiting me from Maui he mentioned something that got my attention. He said that he never believed the testimonials that he would see for various products. They seemed not believable or made up, with no last names and maybe just a first name and a state. Now that Ed is in the health business and provides an effective product which helps others he has since changed his mind about the testimonials. Why, because he is now being flooded with them, himself!!

[View BeachGuard Here](#). As other products in this line become available, they too will be here.

It's all about prevention folks, like Bill says, "Please don't wait until you have Cancer like me before you take action". Preventative measures always work better than avoidance or catch-up measures after the grim diagnosis - whatever that may be!

Now that you have removed the biggest majority of toxins from your body nourish it with high quality minerals like the Humic/Fulvic, Ionic Silver Hydrosol and with what I like to call a [Super Whole Food...Organic Colostrum](#) and Premium MSM, all of which will aid in the rebuilding, repair, protection and immune support of humans and animals alike.

Continue Zeolite on a maintenance dose to remove those toxins we can't avoid and pick up daily. Industrial exhaust and the cumulative effects of pollution have taken their toll on our air, water and soil. Harmful metal toxins assault our bodies through the air we breathe, the food we eat, and through dental practices (amalgam fillings), compromising our health to say the least.

Use the Heavy Metal Test occasionally to see how you are doing and consider adding BeachGuard to the medicine cabinet, first aid kit, tackle box, glove box, etc.

I wish you all a Powerful...Informed...Abundant Healthy Life.
Have a blessed day, Kevin

Helping America
<http://www.helpingamerica.com>
877-743-5746